

## Call Us

1-306-439-2200

Developed in collaboration with the Athabasca Health Authority (AHA), an employer of RDs



## Want to talk to a local RD?

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## Becoming a Dietitian

### Program Location (SK):

The University of Saskatchewan, located in Saskatoon, offers a Bachelor of Science in Nutrition.

Courses for the pre-nutrition year can be taken in Prince Albert.

### Regulatory Body:

To work as a dietitian in Saskatchewan, you must be a member of the Saskatchewan Dietetics Association (SDA).

### More Information:

[www.usask.ca/pharmacy-nutrition](http://www.usask.ca/pharmacy-nutrition)

[www.dietitians.ca/Become-a-Dietitian/Education.aspx](http://www.dietitians.ca/Become-a-Dietitian/Education.aspx).



*Are you interested  
in a career with  
food & nutrition?*



*Registered Dietitians are food and nutrition experts; they use food in unique ways to promote health and manage disease.*



## Dietitians are needed in Northern communities

### Why the North?

The North offers many diverse and unique experiences within the field of Nutrition. The North allows for a more interpersonal approach to connecting with not only a client, but an entire community.

### Working with First Nations

There are many opportunities including:

- Community Dietitian
- Aboriginal Diabetes Initiative Dietitian
- Health Promotions Coordinator
- Chronic Disease Management
- Canada Prenatal Nutrition Program Nutritionist
- Nutrition North Canada Board Member
- Tribal Council; clinics, schools, LTC facilities

### What does a dietitian do?

Dietitians translate the science of nutrition into terms people can understand.

One on one nutrition counselling; tailoring advice to client's objectives, personal needs and challenges.

Conducting group classes such as prenatal nutrition, baby food making, cooking, etc.

Developing policies, procedures and programs.

Committing to staying on top of the latest research, skills & techniques.

Working with a variety of ages such as daycares, HeadStart, schools, group homes and long-term care facilities.

## Requirements

### What do I need to become a dietitian in Saskatchewan?

#### To Get Started?

- Grade 12 diploma that includes; Eng 30, Bio 30, Chem 30, Math 30

#### To Apply for a Nutrition Program?

- Completion of prerequisite year at University with average of 70%+
- A test of critical skills
- Video interview

\*Two spaces are reserved for students of aboriginal descent

#### To Practice as a Registered Dietitian (RD)?

- Degree; Bachelor of Science in Nutrition – B.Sc. (Nutr.)
  - Four-year program; one year is practicum
- Eligibility to practice subject to passing the Canadian Dietetic Registration Exam (CDRE)