

# AHA MHA

## Addictions Program

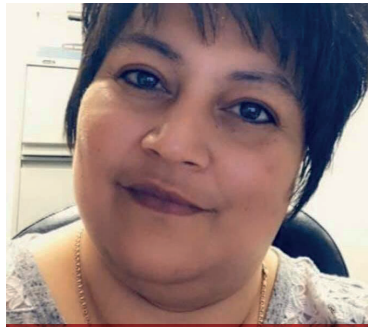
Our goal is to provide a collaborative and excellent service to our highly valued clients.

We offer three pathways that may be recommended for any identified clients based on needs:

### AHA ADDICTIONS PROGRAM TREATMENT PATHWAYS

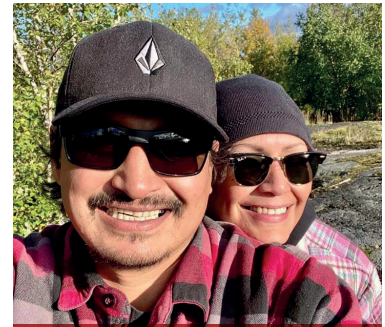
#### Inpatient treatment

- Apply in person or by referral
- Treatment period depends on the treatment center – usually 1-6 weeks
- Certificate of completion may be given by the treatment center



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#### Community Addictions Recovery Group (CARG) - Recovery groups

- Apply in person or by referral
- Weekly meetings – check the Addiction programs calendar per community
- CARG recovery group treatment period depends on the client's needs and the assigned group.
- Attendance is strictly recommended – three (3) unexcused absences may lead to discontinuation, a re-enrollment into the program, and/or recommendation for another pathway.
- Certificate of completion is presented following the successful completion of the program.

#### MATRIX program – health literacy and education on addiction prevention and management

- Apply in person, self-referral, and by referral
- Individual and group sessions.
- One on one outpatient treatment program.

Help is near you. Reach out to your local clinic and support networks.



**You can overcome addictions!**



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